



Role: Volunteer Therapists (In person & remote, UK)

Organisation: Akima Charity (Registered Charity 1208442)

Client group: Young people 16–25 affected by grief, trauma, exploitation, community harm and parents/careers of young adults.

Modality: Integrative welcome (incl. CBT, person-centred, psychodynamic, creative/expressive)

There's no unity in the community without U and I.

At Akima, we walk beside young people aged 16–25, their parents and carers navigating the ripple effects of trauma, grief, and emotional decline.

Our work is rooted in compassion, cultural awareness, and community care — transforming pain into purpose and **“oops” into opportunities**.

About the Role

We're expanding our therapeutic team and inviting qualified and emerging practitioners who share our vision for healing and social change.

You'll provide therapeutic support to:

- Young people (16–25) rebuilding safety, identity, and self-worth
- Adults, parents, and carers impacted by loss, trauma, or community harm

Sessions are 50 minutes and focus on emotional recovery, resilience, and empowerment. You'll help clients move through the **Akima Pathway — Awareness → Kinship → Insight → Mindset → Achievement** — using your chosen therapeutic approach and **Akima's trauma-informed model**.

This is a meaningful opportunity to be part of a growing community service that blends professional care with lived experience and heart.

We're Looking For

- Therapists with a Level 4 or above qualification in Counselling, Psychotherapy, or Integrative Practice
- Registration (or working toward registration) with BACP, NCS, UKCP, HCPC, or BABCP
- Professional insurance
- Commitment to ethical, trauma-informed practice
- Willingness to engage in monthly group supervision and reflective learning
- Compassionate, culturally aware, and aligned with Akima's values

Charity No: 1208442

Akimacharity.org



We Also Welcome

- Trainee or recently qualified counsellors enrolled in or recently graduated from an accredited Level 4+ programme who are working toward registration.

You'll practise under Akima's group supervision and be supported by our safeguarding and reflective practice framework.

(Please note: Online certificates or short courses are not accepted for client-facing therapy roles.)

What Akima Offers

- **Monthly group supervision and reflective practice**
- Opportunities to work with young people, parents, and carers across diverse communities
- A supportive trauma-informed team culture
- Flexible sessions
- Clear safeguarding and wellbeing pathways
- Space for creativity, expressive methods, and authentic connection

Requirements

- Enhanced DBS (Children's Workforce) or willingness to obtain
- Commitment to Akima's safeguarding, EDI, and ethical practice policies
- Reliable access to Google Meet for remote sessions

To Apply

Complete our application for or Email contact@akimacharity.org with:

- 1. Your CV (including qualifications & modality)**
- 2. A short cover letter (why Akima and what you'd bring)**
- 3. Proof of qualification/registration (or enrolment)**
- 4. Two professional references**

Akima Charity

💛 ***“No opps, just opportunities.”***

💛 ***“There’s no unity in the community without U and I.”***

🌐 **www.akimacharity.org**

